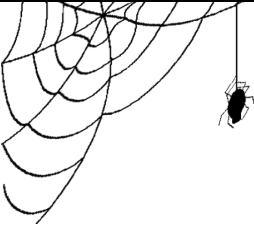








October 2020



Emmetsburg Catholic School

Su	Mon	Tue	Wed	Thu	Fri	Sa
				1 Chicken Tater Tot Casserole Mixed Veggies Mixed Fruit Ice Cream Cup	2 Tomato Soup Grilled Cheese Crackers Banana CC Cookie	3
4	5 Chicken Crispito Nacho's/Cheese Black Bean/Corn Salsa Fresh Fruit Brownie	6 Spaghetti Meat Sauce Broccoli Peaches Bread Stix	7 Turkey/Ham Sub Sun Chips Fruit Salad CC Cookie	8 Taco in a Bag Lettuce/Tomato/Cheese Apple or Orange No Bake Cookie	9 Cheese Pizza Salad Mix Ranch Dressing Frozen Fruit Cup Sugar Cookie	10
11	12 Mr. Rib/Bun Tater Wedges Baked Beans Pineapple	13 Taco Soup Shredded Cheese Sour Cream WG Corn Chips Frozen Fruit Cup	14 Pork Chop Patty Mashed Potatoes/Gravy Corn Mixed Fruit Dinner Roll	15 Italian Pasta Bake Green Beans Peaches Bread Stix	16 Hot Ham & Cheese Tri Tater Strawberries/Bananas Monster Cookie	17
18	19 Hamburger Patty Bun Cheese Slice French Fries Peaches Rice Krispy Bar	20 Chicken & Noodles Mashed Potatoes/Gravy Steamed Broccoli Pineapple	21 Chicken Nuggets Tater Wedges Steamed Carrots Pears	22 Chili/Crackers Applesauce Carrots/Celery Shredded Cheese Cinnamon Roll	23 Corn Dog Tater Wedges Banana Sugar Cookie	24
25	26 Chicken Patty/Bun Pasta Salad Tri Tater Pears	27 Tater Tot Casserole Peas Mandarin Oranges Blueberry Muffin Bar	28 Pizza Casserole Green Beans Pineapple French Bread	29 Beef Gravy Mashed Potatoes Green Beans Dinner Roll Cherry Crisp	30 NO SCHOOL 	

Menu may change due to shortages or delays in shipments.
Milk choices: 8 oz. 1%, Skim and Chocolate Skim served daily
Fresh or canned fruit & vegetables served with each meal.

Please call ahead by 9:00 if eating with your child.
Lunch prices are: **Adult \$4.25 & child \$3.75 for visitors.**

“This institution is an equal opportunity provider.”