

# Emmetsburg Catholic School



September 2020

Su	Mon	Tue	Wed	Thu	Fri	Sat
		<b>1 Spaghetti/Meat Sauce</b> <b>Green Beans</b> <b>Peaches</b> <b>French Bread</b>	<b>2 Beef N Noodles</b> <b>Mashed Potatoes/Gravy</b> <b>Broccoli</b> <b>Pears</b>	<b>3 Irish Stew</b> <b>Irish Jell-O</b> <b>Irish Dinner Roll</b> <b>Irish Apple Cake</b>	<b>4 Tuna N Noodles</b> <b>Peas/Corn</b> <b>Mixed Fruit</b> <b>Johnny Cake/Syrup</b> <b>Ice Cream Cup</b>	<b>5</b>
<b>6</b>	<b>7 Labor Day</b> <b>No School</b> 	<b>8 Lasagna</b> <b>Lettuce Salad</b> <b>Steamed Broccoli</b> <b>Mixed Fruit</b> <b>French Bread</b>	<b>9 Pizza Casserole</b> <b>Steamed Carrots</b> <b>Orange Wedges</b> <b>Brownie</b>	<b>10 Tater Tot Casserole</b> <b>Green Beans</b> <b>Pineapple</b> <b>Blue Berry Muffin Bar</b>	<b>11 Tomato Soup</b> <b>Grilled Cheese</b> <b>Fresh Veggies</b> <b>Apple/Orange</b> <b>Cookie</b>	<b>12</b>
<b>13</b>	<b>14 Hamburger/Bun</b> <b>French Fries</b> <b>Banana/Apple/Orange</b> <b>Rice Krispy Bar</b>	<b>15 Taco Soup</b> <b>Shredded Cheese</b> <b>Sour Cream</b> <b>WG Corn Chips</b> <b>Mixed Fruit</b>	<b>16 Ham/Turkey</b> <b>Cheese Sub</b> <b>Lettuce/Tomato/Pickle</b> <b>Sun Chips</b> <b>Apple Sauce Cups</b> <b>Cookie</b>	<b>17 Maid Rite/Bun</b> <b>French Fries</b> <b>Corn</b> <b>Cherry Crisp</b>	<b>18 Cheese Pizza</b> <b>Lettuce Salad</b> <b>Fresh Fruit</b> <b>Cookie</b>	<b>19</b>
<b>20</b>	<b>21 Taco Salad</b> <b>Lettuce/Tomato/Cheese</b> <b>Fresh Veggies</b> <b>Cookie</b> <b>Fresh Fruit</b>	<b>22 Pork Chop Patty</b> <b>Mashed Potatoes/Gravy</b> <b>Green Beans</b> <b>Dinner Roll</b>	<b>23 Chicken N Noodles</b> <b>Green Beans</b> <b>Mixed Fruit Salad</b> <b>Dinner Roll</b>	<b>24 Chili N Crackers</b> <b>Shredded Cheese</b> <b>Fresh Veggies</b> <b>Peaches</b> <b>Cinnamon Roll</b>	<b>25 WG Corn Dog</b> <b>Tater Wedges</b> <b>Baked Beans</b> <b>Fresh Fruit</b> <b>Cookie</b>	<b>26</b>
<b>27</b>	<b>28 Cowboy Cavatini</b> <b>Green Beans</b> <b>Dinner Roll</b> <b>Fresh Banana</b>	<b>29 Chicken Patty/Bun</b> <b>French Fries</b> <b>Peaches</b> <b>Cookie</b>	<b>30 Chicken Nuggets</b> <b>Mashed Potatoes/Gravy</b> <b>Steamed Carrots</b> <b>Pears</b>			

Menu may change due to shortages or delays in shipments.  
 Milk choices: 8 oz. 1%, Skim and Chocolate Skim served daily  
 Fresh or canned fruit & vegetables served with each meal.

Please call ahead by 9:00 if eating with your child.  
 Lunch prices are: **Adult \$4.25 & child \$3.75 for visitors.**

“This institution is an equal opportunity provider.”