

# IS YOUR CHILD TOO SICK TO COME TO SCHOOL?

## Review our guidelines for attendance

Please help to keep our school a healthy environment by following these simple rules.

### **1. Keep your child home from school if they have a fever of 100.4 (F) or higher.**

They can return to school after they have been fever-free for 24 hours without the use of a fever-reducing medication like Tylenol or ibuprofen. *For Influenza A or B, children are contagious 5-7 days after the start of symptoms. Then, no fever for 24 hours without Tylenol or ibuprofen.*

### **2. Your child should stay home from school if they have diarrhea and/or vomiting.**

They may return to school 24 hours after the last episode of diarrhea and/or vomiting, and they are able to eat/drink without causing the symptoms to come back. *Hand sanitizer is not effective with stomach bugs.* Please teach your child the importance of *proper handwashing* during a stomach illness.

### **3. When your child returns to school after an illness, he/she should be able to participate in the total school program including outdoor recess and physical education.**

It's always best practice to make sure your kids have one good day at home before coming back to school so they can fully participate in all school activities. Otherwise, they crash about 10:00am!

### **4. Please be sure the school has a telephone number where you can be reached in case your child becomes ill at school. Remember to call the school office if your child will not be attending school because of illness.**

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